

Des Plaines Cent/Terrace Elementary School District 62 Lunch Menu

February 2019



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>EARN EXTRA \$\$\$.....GREAT PART TIME JOBS. NOW HIRING FOR FOOD SERVICE POSITIONS. FOR MORE INFORMATION CALL CHRIS AT: 847-789-5630</p> | | | | 1 |
| | | | | <p>Cheeseburger Homemade Coleslaw Fresh Baby Carrots Bartlett Pears</p> |
| 4 | 5 | 6 | 7 | 8 |
| <p>Pasta & Meatballs Garlic Bread Whole Kernel Corn Broccoli Buds Crisp Apple</p> | <p>Oven Baked Chicken Nuggets Kale Salad with Dijon Vinaigrette Tiny Tomatoes Fruit Punch</p> | <p>Mini Corn Dogs Veggie Baked Beans Oven Baked Potatoes Dried Cranberries</p> | <p>Nacho Supreme W/Turkey Taco Meat & Cheddar Cheese Southwest Black Bean Fresh Baby Carrots Apple Juice</p> | <p>Pizza Dippers Marinara Dipping Sauce Crunchy Celery Sweet Applesauce</p> |
| 11 | 12 | 13 | 14 | 15 |
| <p>Crispy Chicken Sandwich Romaine Salad w/Ranch Dressing Tiny Tomatoes Cling Peaches</p> | <p>Chicago Style Hot Dog Dill Pickle Chips Oven Baked Fries Apple Juice</p> | <p>Oven Baked Chicken Nuggets Veggie Baked Beans Whole Kernel Corn Fresh Broccoli Buds Bartlett Pears</p> | <p>Nacho Supreme W/Turkey Taco Meat & Cheddar Cheese Fiesta Refried Beans Zesty Red Salsa Sweet Applesauce</p> | <p>Italian Style Cheese Pizza Fresh Broccoli Buds Baby Carrots Crisp Apple</p> |
| 18 | 19 | 20 | 21 | 22 |
| <p>PRESIDENTS' DAY NO CLASSES</p> | <p>INSTITUTE DAY NO CLASSES</p> | <p>Chicago Style Hot Dog Dill Pickle Chips Fresh Baby Carrots Cling Peaches</p> | <p>Nacho Supreme W/Turkey Taco Meat & Cheddar Cheese Southwest Black Beans Zesty Red Salsa Apple Juice</p> | <p>Creamy Mac & Cheese Dinner Roll Steamed Broccoli Tiny Tomatoes Sweet Applesauce</p> |
| 25 | 26 | 27 | 28 | |
| <p>Crispy Chicken Strips & Jumbo Waffle Fresh Baby Carrots Romaine Salad with Ranch Dressing Crisp Apple</p> | <p>Chicago Style Hot Dog Veggie Baked Beans Oven Baked Fries Icy Blueberries</p> | <p>Oven Baked Chicken Nuggets Fresh Broccoli Buds Chili Lime Sweet Corn Sweet Applesauce</p> | <p>Nacho Supreme W/Turkey Taco Meat & Cheddar Cheese Fiesta Refried Beans Zesty Red Salsa Apple Cherry Juice</p> | |

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| <p>Lunch \$2.85 Milk is Included With Meal</p> | <p>Milk \$0.60 A Variety of Milk is Offered Daily</p> |
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Questions about the menu?
Chris Roberts
arbor@d62.org
847-789-5630

For more information
or to "Ask the Dietitian",
check out our website!

**Additional Fruit
and Vegetable
Choices will be
available every day!**

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity employer.