



Lunch \$1.80

Milk 55¢

Lunch includes the daily entrée,
fruit /veggies bread & milk

AUGUST 2010 DES PLAINES SCHOOL DISTRICT 62 CENTRAL SCHOOL - LUNCH MENU



We're thinking green, are you ?

Monday	Tuesday	Wednesday	Thursday	Friday
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Two of the following will be served Daily.

- 100% Fruit Juice
- Fresh Apples
- Fruit Cup
- Fresh Oranges
- Carroteenies

Please note: Menu options are based on the constraints of the kitchen facilities due to construction. As facilities become available, more options will be available to the students. We hope to bring you more options soon.

Questions about the menu?
Call 847-824-1239
A comprehensive Nutrition & Allergy Guide is available in the Food Service office.
Fun food web-site
www.smallstep.gov

The School Lunch Program is operated in accordance with the U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, handicap or national origin. Any person who believes that he/she has been discriminated against in any USDA activity should write to the Secretary of Agriculture, Washington DC 20250. Your child may be eligible for a free or reduced-price breakfast/lunch. Contact the District Business Office for more information.

9	10	11	12	13
16	17	18	19	20
23 <i>HALF DAY</i> <i>NO FOOD SERVICE</i>	24 CHICKEN NUGGETS FRUIT & VEGGIE BAR	25 MAX CHEESE STICKS FRUIT & VEGGIE BAR	26 HOT DOGS FRUIT & VEGGIE BAR	27 CHICKEN NUGGETS FRUIT & VEGGIE BAR
30 MAX CHEESE STICKS FRUIT & VEGGIE BAR	31 HOT DOGS FRUIT & VEGGIE BAR			

Milk Variety Served Daily
Breads & grains offered daily.

'Please Note'
Menu changes may be necessary. Notice will be given when possible.

* Contains Pork