

Des Plaines Cent/Terrace School District 62

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
<p>EARN EXTRA \$\$\$.....GREAT PART TIME JOBS. NOW HIRING FOR FOOD SERVICE POSITIONS. FOR MORE INFORMATION CALL CHRIS AT: 847-789-5630</p>				
7	8	9	10	11
Corn Dog Baked Potato Rounds Veggie Baked Beans Apple Cherry Juice	Pasta & Meatballs Garlic Bread Kale Salad w/Sweet Honey lemon dressing Spring Peas Crisp Apple	Chicago Style Hot Dog Dill Pickle Chips Fresh Baby Carrots Cling Peaches	Nacho Supreme w/Turkey Taco Meat & Cheddar Cheese Southwest Black Beans Zesty Red Salsa Apple Juice	Creamy Mac & Cheese Dinner Roll Steamed Broccoli Tiny Tomatoes Fresh Orange
14	15	16	17	18
Crispy Chicken Sandwich Romaine Salad with Ranch Dressing Tiny Tomatoes Cling Peaches	Chicago Style Hot Dog Dill Pickle Chips Oven Baked Fries Apple Juice	Oven Baked Chicken Nuggets Veggie Baked Beans Whole Kernel Corn Bartlett Pears	Nacho Supreme w/Turkey Taco Meat & Cheddar Cheese Fiesta Refried Beans Zesty Red Salsa Crisp Apple	Italian Style Cheese Pizza Fresh Broccoli Buds Baby Carrots Crisp Apple
21	22	23	24	25
MLK DAY NO CLASSES	Pasta & Meatballs Garlic Bread Kale Salad w/Sweet Honey lemon dressing Spring Peas Crisp Apple	Chicago Style Hot Dog Dill Pickle Chips Fresh Baby Carrots Cling Peaches	Nacho Supreme w/Turkey Taco Meat & Cheddar Cheese Southwest Black Beans Zesty Red Salsa Apple Juice	Creamy Mac & Cheese Dinner Roll Steamed Broccoli Tiny Tomatoes Fresh Orange
28	29	30	31	
Crispy Chicken Strips & Jumbo Waffle Fresh Baby Carrots Romaine Salad with Ranch Dressing Crisp Apple	Chicago Style Hot Dog Veggie Baked Beans Oven Baked Fries Icy Blueberries	Oven Baked Chicken Nuggets Fresh Broccoli Buds Chili Lime Sweet Corn Crisp Apple	Nacho Supreme w/Turkey Taco Meat & Cheddar Cheese Fiesta Refried Beans Zesty Red Salsa Apple Cherry Juice	

Lunch
\$2.85

Milk
\$0.60

Questions about the menu?

Chris Roberts
arbor@d62.org
847-789-5630

For more information
or to "Ask the Dietitian",
check out our website!



**Additional Fruit
and Vegetable
Choices will be
available every day!**

(*) Contains Pork
(**) Served With a Roll
Menu changes are occasionally
necessary. Notice will be given when
possible.

This institution is an equal opportunity
employer.

