

Des Plaines Cent/Terrace School District 62 Lunch Menu

APRIL 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Strips & Jumbo Waffle Fresh Baby Carrots Romaine Salad w/Ranch Dressing Crisp Apple	2 Chicago Style Hot Dog Veggie Baked Beans Oven Baked Fries Icy Blueberries	3 Oven Baked Chicken Nuggets Fresh Broccoli Buds Chili Lime Sweet Corn Crisp Apple	4 Nacho Supreme W/Turkey Taco Meat & Cheddar Cheese Fiesta Refried Beans Zesty Red Salsa Apple Cherry Juice	5 Cheeseburger Homemade Coleslaw Tiny Tomatoes Bartlett Pears
8 Pasta & Meatballs Garlic Bread Whole Kernel Corn Broccoli Buds Crisp Apple	9 Oven Baked Chicken Nuggets Kale Salad w/Dijon Vinaigrette Tiny Tomatoes Fruit Punch	10 Mini Corn Dogs Veggie Baked Beans Oven Baked potatoes Dried Cranberries	11 Nacho Supreme W/Turkey Taco Meat & Cheddar Cheese Southwest Black Bean Fresh Baby Carrots Apple Juice	12 Pizza Dippers Marinara Dipping Sauce Crunchy Celery Fresh Orange
15 Crispy Chicken Sandwich Romaine Salad w/Ranch Dressing Tiny Tomatoes Cling Peaches	16 Chicago Style Hot Dog Dill Pickle Chips Oven Baked Fries Apple Juice	17 Oven Baked Chicken Nuggets Veggie Baked Beans Whole Kernel Corn Fresh Broccoli Buds Bartlett Pears	18 Nacho Supreme W/Turkey Taco Meat & Cheddar Cheese Fiesta Refried Beans Zesty Red Salsa Crisp Apple	19 NO CLASSES
22 Corn Dog Baked Potato Rounds Veggie Baked Beans Apple Cherry Juice	23 Pasta & Meatballs Garlic Bread Kale Salad W/Dijon Vinaigrette Spring Peas Crisp Apple	24 Chicago Style Hot Dog Dill Pickle Chips Fresh Baby Carrots Cling Peaches	25 Nacho Supreme W/Turkey Taco Meat & Cheddar Cheese Southwest Black Beans Zesty Red Salsa Apple Juice	26 Creamy Mac & Cheese Dinner Roll Steamed Broccoli Tiny Tomatoes Fresh Orange
29 Crispy Chicken Strips & Jumbo Waffle Fresh Baby Carrots Romaine Salad W/Ranch Dressing Crisp Apple	30 Chicago Style Hot Dog Veggie Baked Beans Oven Baked Fries Icy Blueberries	EARN EXTRA \$\$\$.....GREAT PART TIME JOBS. NOW HIRING FOR FOOD SERVICE POSITIONS. FOR MORE INFORMATION CALL CHRIS AT: 847-789-5630		

Lunch \$2.85 Milk is Included With Meal	Milk \$0.60 A Variety of Milk is Offered Daily
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Questions about the menu?
 Chris Roberts
 arbor@d62.org
 847-789-5630

For more information or to "Ask the Dietitian", check out our website!




Additional Fruit and Vegetable Choices will be available every day!

(*) Contains Pork
 (**) Served With a Roll
 Menu changes are occasionally necessary. Notice will be given when possible.

This institution is an equal opportunity employer.