

September 2017

Des Plaines School District 62 Early Learning Center Lunch Menu



Farm Fresh Produce
featuring... **Potatoes**
Did you know potatoes have twice as much potassium as a banana?

Fat Free Chocolate Milk
Fat Free White Milk
& Baby Carrots are available every day.

Celebrate National Fortune Cookie Day September 13th!

Questions
Call Chris Roberts
Food Service Director
847-789-5630
Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.
For more information or to "Ask the Dietitian", check out our website!



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Looking for a Great Part-time Job while your kids are at school? We are seeking energetic workers for our Food Service Program. Please contact: Chris at (847) 789-5630</p>				<p>1 Double Stuff Pizza Romaine Salad w/Ranch Fresh Apple</p>
<p>4 LABOR DAY NO CLASSES</p>	<p>5 Hot Dog Dill Pickle Chips Sweet Applesauce</p>	<p>6 Baked Chicken Nuggets Fresh Broccoli Buds Cling Peaches</p>	<p>7 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Apple Cherry Juice</p>	<p>8 Cheeseburger Fresh Cucumber Slices Bartlett Pears</p>
<p>11 Hot Dog Dill Pickle Chips Fruit Juice Punch Lucky Bag Day</p>	<p>12 IN-SERVICE 1/2 DAY NO LUNCH SERVED</p>	<p>13 New! Chicken Egg Roll Sweet Corn Mixed Fruit Fortune Cookie</p>	<p>14 Cheeseburger Romaine Salad w/Ranch Pineapple Tidbits</p>	<p>15 Max Cheese Sticks Southwest Black Beans Fresh Orange</p>
<p>18 Chicken Sandwich Spring Peas Sour Cherries</p>	<p>19 Hot Dog Dill Pickle Chips Cling Peaches</p>	<p>20 Chicken Nuggets Broccoli Buds Bartlett Pears</p>	<p>21 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Apple Cherry Juice</p>	<p>22 Cheese Pizza Foldover Tiny Tomatoes California Raisins</p>
<p>25 Corn Dog Southwest Black Beans Apple Cherry Juice</p>	<p>26 Chicken Sandwich Homemade Coleslaw California Raisins</p>	<p>27 Hot Dog Chili Lime Sweet Corn Cling Peaches Lucky Bag Day</p>	<p>28 French Toast Sticks Cucumber Slices Icy Blueberries</p>	<p>29 Double Stuff Pizza Romaine Salad w/Ranch Fresh Apple</p>

(*) Contains Pork