

October

2017

Des Plaines School District 62 Elementary Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
2	Chicken Sandwich Spring Peas Sweet Applesauce	3 Hot Dog Dill Pickle Chips Mixed Fruit Lucky Bag Day	4 Baked Chicken Nuggets Fresh Broccoli Buds Cling Peaches	5 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip California Raisins	6 Cheeseburger Fresh Cucumber Slices Bartlett Pears
9	Columbus Day No Classes	10 Baked Chicken Nuggets Chili Lime Sweet Corn Sweet Applesauce	11 Mini Corn Dogs Cucumber slices Mixed Fruit Lucky Bag Day	12 Cheeseburger Romaine Salad w/Ranch Pineapple Tidbits	13 Max Cheese Sticks Southwest Black Beans Cling Peaches
16	Chicken Sandwich Spring Peas California Raisins	17 Hot Dog Dill Pickle Chips Cling Peaches	18 Baked Chicken Nuggets Broccoli Buds Bartlett Pears	19 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Sweet Applesauce	20 Cheese Pizza Foldover Tiny Tomatoes Mixed Fruit Lucky Bag Day
23	Corn Dog Southwest Black Beans Bartlett Pears	24 Chicken Sandwich Homemade Coleslaw California Raisins	25 Hot Dog Chili Lime Sweet Corn Cling Peaches	26 French Toast Sticks Broccoli Buds Icy Blueberries Candy Corn Counting Contest	27 Vampire Fangs (Max Cheese Sticks) Blood Red Dipping Sauce Ectoplasm Green Apple Juice
30	Chicken Sandwich Spring Peas Sweet Applesauce Candy Corn Counting Contest Winners Announced!	31 School Improvement Half Day 12:00 Dismissal	EARN EXTRA \$\$\$.....GREAT PART TIME JOBS NOW HIRING FOR FOOD SERVICE POSITIONS. FOR MORE INFORMATION CALL CHRIS AT: 847-789-5630		



Farm Fresh Produce
featuring... **Pumpkin**
The carotenoids in pumpkins give them their orange color, just like with carrots!

Available Daily
Turkey Sandwiches
Fresh Baby Carrots

Lunch \$2.75
(Milk included with meal)
Milk 60¢
Offered Daily:
Fat Free Chocolate
Fat Free White

**Candy Corn
Counting Contest**
Enter your guess for the # of Candy Corn pieces in the Jar
October 26th
To win a Fresh Baked Chocolate Chip Cookie
The 5 best guesses win!

Questions
Call Chris Roberts
Food Service Director
847-789-5630
Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.
For more information or to "Ask the Dietitian", check out our website!

(*) Contains Pork