

# March 2018

## Des Plaines School District 62 Iroquois Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>EARN EXTRA \$\$\$ GREAT PART TIME JOBS AVAILABLE IN THE SCHOOL CAFETERIAS. FOR MORE INFORMATION CALL CHRIS: 847-789-5630</b></p>			<p>1 Nacho Supreme w/Taco Meat &amp; Cheddar Cheese Fiesta Bean Dip Sweet Applesauce</p>	<p>2 Cheese Pizza Foldover Fresh Cucumber California Raisins <b>Lucky Lunch Day</b></p>
<p>5 Hot Dog Dill Pickle Chips Bartlett Pears</p>	<p>6 Baked Chicken Nuggets Chili Lime Sweet Corn Sweet Applesauce</p>	<p>7 Ham &amp; Cheese Melt Cucumber Slices California Raisins <b>Lucky Lunch Day</b></p>	<p>8 Nacho Supreme w/Taco Meat &amp; Cheddar Cheese Southwest Black Beans Mixed Fruit</p>	<p>9 <b>Happy St. Patrick's Day!</b> Max Cheese Sticks Romaine Salad w/Ranch Sweet Applesauce <b>Pot of Goldfish</b></p>
12	13	14	15	16
Interession				
19	20	21	22	23
Interession				
26	27	28		
<p><b>Have a Great Spring Break!</b></p>			<p><b>Lunch \$2.75</b> (Milk included with meal)</p> <p><b>Milk 60¢</b></p> <p>Offered Daily: Fat Free Chocolate Fat Free White</p>	

**Farm Fresh Produce**  
featuring... **Beets**  
Beets have a sweet flavor. They taste like a mixture of carrots and tomatoes!

**Available Daily**  
Chicken Sandwich  
Deli Sandwiches  
Cheese Sandwich  
Tuna & Egg Salad  
Sandwiches  
Garden Salads  
Fresh Baby Carrots

**Celebrate  
St. Patrick's Day  
March 9th  
All Lunches Come  
With a Lucky  
Pot of Goldfish  
Crackers!**

**Questions**  
Call Chris Roberts  
Food Service Director  
847-789-5630

Menu changes may be necessary. Notice will be given when possible.  
**A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.**

For more information or to "Ask the Dietitian", check out our website!

(\*) Contains Pork