



**arbor**  
Management, Inc.

**2017-2018**  
**Des Plaines District 62**



**Grades K-8**

**Breakfast \$1.30**

**"Meal Deal"**

**We offer a complete Breakfast!**  
**Entrée**  
**Fruit Serving 1**  
**Fruit Serving 2**  
**Milk**

**You can have all four items but must choose 3 at a minimum and one of those 3 must be fruit!**



**Arbor A+ Ingredients**

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free and produced on sustainable farms!

**Category 1 - Entree**

Monday	Tuesday	Wednesday	Thursday	Friday
Variety Cereal Bowl	Bakery Bagel & Cream Cheese	Honey Bun	Variety Cereal Bowl	Oatmeal Bar
or	or	or	or	or
Strawberry Pop Tart	Breakfast Donut	Oatmeal Bar	Strawberry Pop Tart	Breakfast Donut



**Category 2 - Fruit or Juice**

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.

**Category 3 - Fruit or Juice**

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.

**Category 4 - Choice of Milk**

1% White or Skim Chocolate



**Arbor Management, Inc. is pleased to be the food service provider to Des Plaines School District 62.**

**We welcome your comments and suggestions - Chris Roberts, Food Service Director @ 847-789-5630**

