



arbor
Management, Inc.

**2017-2018
Des Plaines District 62
North, Plainfield &
Orchard Place**



Arbor A+ Ingredients

- ✓ Our Entrée Choices are all Whole Grain Rich!
- ✓ Local fruit is served whenever possible!
- ✓ Our Milk is Hormone-free and produced on sustainable farms!

Category 1 - Entree

Monday	Tuesday	Wednesday	Thursday	Friday
Strawberry Pop Tart Apple Juice California Raisins	Chocolate Carmel Chex Mix Grape Juice Applesauce	Oatmeal Bar Orange Juice Dried Cranberries	Chocolate Graham Bears & Cinnamon Goldfish Apple Juice California Raisins	Apple Cinnamon Graham Bears Grape Juice Dried Cranberries

All Breakfasts come with an entrée, a fruit, a fruit juice and milk.
All breakfasts are free to students and served in the classroom.

**Breakfast
"Meal Deal"**

We offer a complete Breakfast!

- Entrée
- Fruit Serving 1
- Fruit Serving 2
- Milk

You can have all four items but must choose 3 at a minimum and one of those 3 must be fruit!



Category 2 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.

Category 3 - Fruit or Juice

A 1/2 cup serving of 100% Fruit Juice or Fresh, Canned or Frozen Fruit

You may have 2 servings of fruit, but you must have at least 1 serving.

Category 4 - Choice of Milk

Skim White or Skim Chocolate



Arbor Management, Inc. is pleased to be the food service provider to School District 62.

We welcome your comments and suggestions. Chris Roberts, Food Service Director @ 847-789-5630

