

January 2018

Des Plaines School District 62 Iroquois Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
<p>EARN EXTRA \$\$\$.....GREAT PART TIME JOBS NOW HIRING FOR FOOD SERVICE POSITIONS. FOR MORE INFORMATION CALL CHRIS AT: 847-789-5630</p>		<div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> Winter Break </div>		
8 Baked Chicken Nuggets Dill Pickle Chips Sweet Applesauce	9 Hot Dog Sweet Corn Craisins Lucky Bag Day	10 Chicken Sandwich Spring Peas Mixed Fruit	11 Nacho Supreme w/Taco Meat & Cheddar Cheese Southwest Black Beans Bartlett Pears	12 Cheeseburger Fresh Broccoli Buds Orange Juice
15 No School Martin Luther King Day	16 Baked Chicken Nuggets Spring Peas Mixed Fruit	17 Mini Corn Dogs Garbanzo Beans Orange Juice	18 Cheeseburger Fresh Broccoli Buds Sweet Applesauce	19 Pop in for a treat!! Max Cheese Sticks Tiny Tomatoes Bartlett Pears Popcorn
22 Buffalo Chicken Sandwich Spring Peas Sour Cherries	23 Hot Dog Dill Pickle Chips Icy Blueberries	24 Baked Chicken Nuggets Fresh Broccoli Buds Mixed Fruit	25 Nacho Supreme w/Taco Meat & Cheddar Cheese Southwest Black Beans Apple Cherry Juice	26 Cheese Pizza Foldover Cucumber slices Craisins Lucky Bag Day
29 Corn Dog Chili Lime Sweet Corn Apple Cherry Juice	30 French Toast Sticks Cinnamon Roasted Garbanzo Beans Orange Juice Lucky Bag Day	31 Hot Dog Pickle Chips Sweet Applesauce	<p style="text-align: center;">Lunch \$2.75 (Milk included with meal)</p> <p style="text-align: center;">Milk 60¢</p> <p style="text-align: center;">Offered Daily: Fat Free Chocolate Fat Free White</p>	



Farm Fresh Produce
featuring... **Blueberries**
Did you know freezing blueberries and other produce helps to keep the nutrients inside?

Available Daily

Chicken Sandwich
Deli Sandwiches
Cheese Sandwich
Tuna & Egg Salad
Sandwiches
Garden Salads
Fresh Baby Carrots

**Pop in for a Treat on
National
Popcorn Day
January 19th.**

Questions
Call Chris Roberts
Food Service Director
847-789-5630

Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

For more information or to "Ask the Dietitian", check out our website!

(*) Contains Pork