

February 2018

Des Plaines School District 62 Early Learning Center Lunch Menu



Farm Fresh Produce
featuring... **Cherry**
Nutrients in cherries can help heal muscles. Try a smoothie with tart cherries and chocolate milk for the ultimate post-workout recovery drink!

**Fat Free Chocolate Milk
Fat Free White Milk
& Baby Carrots are available every day.**

**Celebrate Valentines Day
With Strawberry Milk
& Love Bite
Sugar Cookies!**

Questions
Call Chris Roberts
Food Service Director
847-789-5630
Menu changes may be necessary. Notice will be given when possible.
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.
For more information or to "Ask the Dietitian", check out our website!

Monday	Tuesday	Wednesday	Thursday	Friday
<p>EARN EXTRA \$\$\$ GREAT PART TIME JOBS AVAILABLE IN THE SCHOOL CAFETERIAS. FOR MORE INFORMATION CALL CHRIS: 847-789-5630</p>			<p>1 Chicken Sandwich Homemade Coleslaw Dried Cranberries</p>	<p>2 Max Cheese Sticks Romaine Salad w/Ranch Cling Peaches</p>
<p>5 Chicken Sandwich Spring Peas Sweet Applesauce</p>	<p>6 Hot Dog Dill Pickle Chips Icy Blueberries Lucky Lunch Day!</p>	<p>7 Baked Chicken Nuggets Broccoli Buds Bartlett Pears</p>	<p>8 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Cling Peaches</p>	<p>9 Cheeseburger Fresh Cucumber California Raisins</p>
<p>12 Hot Dog Dill Pickle Chips Cling Peaches</p>	<p>13 Baked Chicken Nuggets Chili Lime Sweet Corn Sweet Applesauce</p>	<p>14 VALENTINES DAY Mini Corn Dogs Cucumber Slices California Raisins Love Bite Sugar Cookie Strawberry Milk</p>	<p>15 Cheeseburger Romaine Salad w/Ranch Icy Blueberries</p>	<p>16 Max Cheese Sticks Southwest Black Beans Cling Peaches</p>
<p>19 Presidents Day No Classes</p>	<p>20 Institute Day No Classes</p>	<p>21 Baked Chicken Nuggets Spring Peas Dried Cranberries</p>	<p>22 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Cling Peaches</p>	<p>23 Cheese Pizza Foldover Tiny Tomatoes Bartlett Pears</p>
<p>26 Chicken Sandwich Spring Peas Dried Cranberries</p>	<p>27 Hot Dog Dill Pickle Chips Cling Peaches Lucky Lunch Day!</p>	<p>28 Baked Chicken Nuggets Broccoli Buds Bartlett Pears</p>		

(*) Contains Pork