

# MAY 2017

## Des Plaines School District 62 Iroquois Lunch Menu



	Monday	Tuesday	Wednesday	Thursday	Friday
1	Hot Dog Dill Pickle Chips Fruit Juice Punch	2 Baked Chicken Nuggets Chili Lime Sweet Corn Petite Banana	3 Mini Corn Dogs Cucumber Slices Dried Cranberries  <b>LUCKY BAG DAY</b>	4 Cheeseburger Romaine Salad w/Ranch Dressing Pineapple Tidbits	5 Cheese Quesadilla Pizza Southwest Black Beans Fresh Orange  <b>CINCO DE MAYO</b>
8	Buffalo Chicken Sandwich Spring Peas Sour Cherries	9 Hot Dog Dill Pickle Chips Cling Peaches  <b>LUCKY BAG DAY</b>	10 Baked Chicken Nuggets Broccoli Buds Bartlett Pears	11 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Apple Cherry Juice	12 Cheese Pizza Foldover Tiny Tomatoes Petite Banana
15	Corn Dog Southwest Black Beans Apple Cherry Juice  <b>LUCKY BAG DAY</b>	16 Buffalo Chicken Sandwich Homemade Coleslaw California Raisins	17 Hot Dog Chili Lime Sweet Corn Cling Peaches	18 French Toast Sticks Cucumber Slices Strawberries	19 Double Stuff Pizza Romaine Salad w/Ranch Dressing Fresh Apple
22	Chicken Fingers Jumbo Waffle Spring Peas Sweet Applesauce	23 Hot Dog Dill Pickle Chips Icy Blueberries	24 Baked Chicken Nuggets Fresh Broccoli Buds Petite Banana	25 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Apple Cherry Juice	26 Cheeseburger Fresh Cucumber Slices Bartlett Pears  <b>LUCKY BAG DAY</b>
29	<b>MEMORIAL DAY NO CLASSES</b>	30 Baked Chicken Nuggets Chili Lime Sweet Corn Sweet Applesauce	31 Max Cheese Sticks Spring Peas Dried Cranberries		

Lunch \$2.65  
(Milk included with meal)

Milk 60c  
Offered Daily:  
Fat Free Chocolate  
Fat Free White

Farm Fresh Produce  
featuring... Soybeans  
The protein in Soybeans have all the essential amino acids your body needs, just like animal protein.

Available Daily

Chicken Sandwich  
Deli Sandwiches  
Cheese Sandwich  
Tuna & Egg Salad  
Sandwiches  
Garden Salads  
Fresh Baby Carrots

**CINCO DE MAYO**

With a New Item  
**Cheese Quesadilla  
Pizza!**

Questions  
Call Chris Roberts  
Food Service Director  
847-789-5630

Menu changes may be necessary. Notice will be given when possible.  
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

For more information or to "Ask the Dietitian", check out our website!

(\*) Contains Pork