

# MARCH 2017



## Des Plaines School District 62 Early Learning Center Lunch Menu

arbor Management Inc.



**Farm Fresh Produce**  
featuring... **Beets**  
Beets have a sweet flavor. They taste like a mixture of carrots and tomatoes!

Fat Free Chocolate Milk  
Fat Free White Milk  
& Baby Carrots are available every day.

**Celebrate St. Patrick's Day**  
March 17th.  
All Lunches Come With Lucky Pot of Goldfish Crackers.

### Questions

Call Chris Roberts  
Food Service Director  
847-789-5630

Menu changes may be necessary. Notice will be given when possible.  
A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

arbor online  
arboronline.com



For more information or to "Ask the Dietitian", check out our website!

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Double Stuff Pizza Fresh Broccoli Buds Petite Banana  <b>LUCKY LUNCH DAY</b>	2 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Apple Cherry Juice	3 Cheeseburger Fresh Cucumber Slices Bartlett Pears
6 Hot Dog Dill Pickle Chips Fruit Juice Punch  <b>LUCKY LUNCH DAY</b>	7 Baked Chicken Nuggets Chili Lime Sweet Corn Petite Banana	8 Mini Corn Dogs Cucumber slices Dried Cranberries	9 Cheeseburger Romaine Salad w/Ranch Dressing Pineapple Tidbits	10 Max Cheese Sticks Southwest Black Beans Fresh Orange
13 Chicken Sandwich Spring Peas Sour Cherries	14 Hot Dog Dill Pickle Chips Cling Peaches	15 Chicken Nuggets Broccoli Buds Bartlett Pears	16 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Apple Cherry Juice	17 <b>ST. PATRICK'S DAY</b>  Cheese Pizza Foldover Tiny Tomatoes Petite Banana <b>Pot of Goldfish Crackers</b>
20	21	22	23	24
<b>Have a Great Spring Break!</b>				
27 Corn Dog Southwest Black Beans Apple Cherry Juice	28 Chicken Sandwich Homemade Coleslaw California Raisins	29 Hot Dog Chili Lime Sweet Corn Cling Peaches  <b>LUCKY LUNCH DAY</b>	30 French Toast Sticks Cucumber Slices Strawberries	31 Double Stuff Pizza Romaine Salad w/Ranch Dressing Fresh Apple

(\*) Contains Pork