

APRIL 2017

Des Plaines School District 62 Iroquois Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
3 Hot Dog Dill Pickle Chips Fruit Juice Punch Lucky Bag Day	4 Baked Chicken Nuggets Chili Lime Sweet Corn Petite Banana	5 Grilled Turkey & Cheese Cucumber Slices Dried Cranberries	6 Cheeseburger Romaine Salad w/Ranch Dressing Pineapple Tidbits	7 Max Cheese Sticks Southwest Black Beans Fresh Orange
10 Buffalo Chicken Sandwich Spring Peas Sour Cherries	11 Grilled Turkey & Cheese Dill Pickle Chips Cling Peaches	12 Chicken Nuggets Broccoli Buds Bartlett Pears	13 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Apple Cherry Juice	14 Non Attendance Day No Classes
17 Earth Day B-Day Week Corn Dog Southwest Black Beans Apple Cherry Juice Earth Day Birthday Dirt Cup (Chocolate Pudding)	18 Earth Day B-Day Week Buffalo Chicken Sandwich Homemade Coleslaw California Raisins Earth Day Coloring Page	19 Earth Day B-Day Week Hot Dog Chili Lime Sweet Corn Cling Peaches Earth Day Maze	20 Earth Day B-Day Week Grilled Turkey & Cheese Cucumber Slices Strawberries Earth Day Birthday Dirt Bar (Brownie Bite)	21 Earth Day B-Day Week Double Stuff Pizza Romaine Salad Fresh Apple Wear the Earth's Colors (blue or green) & get a Treat!
24 Chicken Sandwich Spring Peas Sweet Applesauce	25 Grilled Turkey & Cheese Dill Pickle Chips Icy Blueberries	26 Baked Chicken Nuggets Fresh Broccoli Buds Petite Banana Lucky Bag Day	27 Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Bean Dip Apple Cherry Juice	28 Cheeseburger Fresh Cucumber Slices Bartlett Pears
				<div data-bbox="1402 1369 1556 1511" data-label="Text"> <p>Lunch \$2.65 (Milk included with meal)</p> <p>Milk 60c Offered Daily: Fat Free Chocolate Fat Free White</p> </div>

Farm Fresh Produce
featuring... Zucchini
 The largest zucchini weighed 65lb and was 7'10.3" - about the length of a Mako Shark!

Available Daily

Chicken Sandwich
 Deli Sandwiches
 Cheese Sandwich
 Tuna & Egg Salad
 Sandwiches
 Garden Salads
 Fresh Baby Carrots

Did you Know?
 That Earth Day is now observed in 175 countries & is the largest secular modern day holiday in the world?

Questions

Call Chris Roberts
 Food Service Director
 847-789-5630

Menu changes may be necessary. Notice will be given when possible.

A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.

For more information or to "Ask the Dietitian", check out our website!

(*) Contains Pork