

# APRIL 2017

## Des Plaines School District 62 Central & Terrace Lunch Menu

arbor Management Inc.



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Pasta & Meatballs Garlic Bread Whole Kernel Corn Fresh Broccoli Buds Crisp Apple  <i>Lucky Tray Day</i>	<b>4</b> Baked Chicken Nuggets Kale Salad w/Dijon Vinaigrette Tiny Tomatoes Bartlett Pears	<b>5</b> Grilled Turkey & Cheese Veggie Baked Beans Baked Potato Rounds Dried Cranberries	<b>6</b> Cheeseburger Sweet Potato Puffs Cucumber Slices Strawberries	<b>7</b> Max Cheese Sticks Marinara Dipping Sauce Southwest Black Beans Fresh Orange
<b>10</b> Chicken Sandwich Romaine Salad w/Ranch Dressing Tiny Tomatoes Sour Cherries	<b>11</b> Grilled Turkey & Cheese Dill Pickle Chips Oven Baked Fries Sweet Applesauce	<b>12</b> Baked Chicken Nuggets Veggie Baked Beans Whole Kernel Corn Cling Peaches	<b>13</b> Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Refried Beans Zesty Red Salsa Apple Cherry Juice	<b>14</b>     Non Attendance Day No School
<b>17</b> <i>Earth Day B-Day Week</i> Baked Chicken Nuggets Southwest Black Beans Spring Peas Apple Cherry Juice  <i>Earth Day Birthday Dirt Cup (Chocolate Pudding)</i>	<b>18</b> <i>Earth Day B-Day Week</i> Pasta & Meatballs Garlic Bread Kale Salad w/Dijon Vinaigrette Tiny Tomatoes Crisp Apple  <i>Earth Day Coloring Page</i>	<b>19</b> <i>Earth Day B-Day Week</i> Chicken Fingers & Jumbo Waffle Fresh Baby Carrots Veggie Baked Beans Bartlett Pears  <i>Earth Day Maze</i>	<b>20</b> <i>Earth Day B-Day Week</i> Grilled Turkey & Cheese Tiny Tomatoes Cucumber Slices Strawberries  <i>Earth Day Birthday Dirt Bar (Brownie Bite)</i>	<b>21</b> <i>Earth Day B-Day Week</i> Creamy Mac & Cheese Sweet Peas Dark Green Salad Fresh Orange  <i>Wear the Earth's Colors (blue or green) &amp; get a Treat!</i>
<b>24</b> Chicken Sandwich Fresh Baby Carrots Romaine Salad w/Ranch Dressing Fresh Apple	<b>25</b> Grilled Turkey & Cheese Veggie Baked Beans Oven Baked Fries Fruit Punch	<b>26</b> Baked Chicken Nuggets Fresh Broccoli Buds Chili Lime Sweet Corn Icy Blueberries  <i>Lucky Tray Day</i>	<b>27</b> Nacho Supreme w/Taco Meat & Cheddar Cheese Fiesta Refried Beans Zesty Red Salsa Apple Cherry Juice	<b>28</b> Cheeseburger Homemade Coleslaw Fresh Baby Carrots Cling Peaches
				<div style="border: 1px solid blue; padding: 5px; width: fit-content; margin: auto;"> <p><b>Lunch \$2.65</b> <small>(Milk included with meal)</small></p> <p><b>Milk 60¢</b> <small>Offered Daily Fat Free Chocolate Fat Free White</small></p> </div>



**Farm Fresh Produce**  
 featuring... **Zucchini**  
 The largest zucchini weighed 65lb and was 7'10.3" - about the length of a Mako Shark!

A variety of Fresh, Frozen & Canned Fruits & Veggies are available daily on our Fruit & Veggie Bar. Encourage your student to try something new!

**Did you Know?**  
 That Earth Day is now observed in 175 countries & is the largest secular modern day holiday in the world?

**Questions**  
 Call Chris Roberts  
 Food Service Director  
 847-789-5630  
 Menu changes may be necessary. Notice will be given when possible.  
 A comprehensive Nutrition & Allergy Guide is available in the Food Service Office.  
 For more information or to "Ask the Dietitian", check out our website!

(\*) Contains Pork